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CDC Endorses 'Chestfeeding' for Biological Males, Triggering Criticism From Medical Experts

According to breastfeeding guidelines endorsed by the Centers for Disease Control and Prevention, one option for transgender parents who want to "breastfeed or chestfeed their infants" is to induce lactation with the use of medication, but medical experts told The Defender the guidelines ignore the risks those medications pose to infant health.

By Brenda Baletti, Ph.D.

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CDC
CENTERS FOR DISEASE CONTROL AND PREVENTION

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The Centers for Disease Control and Prevention (CDC) made headlines this week after the Daily Mail reported the agency endorsed "chestfeeding" by publishing guidance for trans-identified biological males on how to induce lactation.

According to the CDC's breastfeeding guidelines, one option for "transgender parents who have had breast surgery" and want to "breastfeed or chestfeed their infants" is to induce lactation with the use of medication.

Inducing lactation requires taking a combination of drugs, including hormonal contraceptive drugs to provide estrogen and progesterone, and an androgen blocker to reproduce the "hormonal milieu" of pregnancy.

The protocol can also include a heart medication, an antipsychotic, a sedative and the off-label use of an anti-nausea drug to stimulate lactation called domperidone, which is not approved by the U.S. Food and Drug Administration (FDA) for use in the U.S.

But experts, such as retired pediatrician Dr. Paul Thomas, told The Defender they had grave concerns about "chestfeeding" as a way for trans-identified biological males to feed babies.

Thomas said the question of what is best for the baby should be the primary, if not only, concern. "When we become parents to an infant, we set aside our own needs and focus on what is best for our baby," Thomas said.

"When it comes to nutrition, breast milk is best," he added, but "if making breast milk requires pharmaceutical medications with known bad side effects, the 'milk' produced is not 'safe' breast milk. It contains a concoction of chemicals that are likely harmful."

Midwife and nurse practitioner Mary Lou Singleton told The Defender:

> "The needs and best interests of the child are entirely missing from the discussion of biological males who identify as females inducing lactation. When an infant is being fed milk produced by a human other than the woman who grew and birthed her, a breach in the maternal bond has occurred.
>
> "In cases of tragedy or maternal illness, donor milk may serve as the next best thing to being nursed by one's mother, but this should be viewed as harm reduction rather than the ideal way to feed an infant."

Journalist Michael Shellenberger said the CDC's disregard for the question of infant health in its recommendations shows how the agency has been politicized.

"The CDC's 'chestfeeding' advice clearly has nothing to do with the well-being of infants. Its endorsement of an off-label hormone cocktail demonstrates, once again, that the CDC is a captured institution that issues guidance based on political interests rather than scientific evidence or health," he wrote.

Doctors critical of the CDC's guidelines told the Daily Mail they thought the CDC has a "responsibility" to disclose the lack of research and potential risks, adding that the agency is "blurring the lines between politics and science."

Medical establishment conducting medical experiment on infants

Globally, medical experts consistently recommend that mothers breastfeed their babies exclusively for the first six months of life, citing a range of health benefits for the infant.

"For nearly all of human history and for the entire mammalian kingdom, breastfeeding is the continuation of the mother-baby relationship that starts with pregnancy," Singleton said.

She said the milk produced for an infant "by the body of the woman who gestated and birthed that infant (what used to be unequivocally be called the infant's mother) is the perfect food for the child."

"Science cannot replicate the evolutionary design that enables women's bodies to respond to minute biochemical changes in the newborn and dynamically alter the quantity and composition of breast milk in response to the infant's ever-changing needs," Singleton said.

There are very few studies on, or even instances of, induced lactation in transgender women.

The Daily Mail indicated trans women seeking to lactate can take a combination of medicines called the Newman-Goldfarb protocol, which was initially developed for biological women who had not given birth but wanted to breastfeed a child.

But there is little evidence related to the success or safety of the protocol, even among women.

The Academy for Breastfeeding Medicine (ABM) clinical protocol suggested by the CDC cited only one study of one biological male where lactation was induced. A second case was also reported in the Journal of Clinical Endocrinology & Metabolism in 2021.

"A biological male cannot lactate without major medical intervention," Singleton said. Inducing lactation with medications designed to override male physiology will produce 'milk' containing a cocktail of endocrine-disrupting drugs."

She said we have no idea how feeding this substance to infants may harm them, adding:

> "By centering the desires of biological male adults wanting to have an exclusively female experience, the medical establishment is conducting a medical experiment on infants.
>
> "The infants involved do not have health conditions warranting their inclusion in a medical trial."

Thomas said that, for example, "Domperidone being suggested to stimulate milk production has known side effects that should exclude it from consideration."

The FDA warns against the use of domperidone — an anti-nausea drug that also happens to increase prolactin, the hormone that encourages milk production. The drug is not approved anywhere for increasing milk production and it is not approved at all in the U.S. because of potential health risks.

It has been known to cause cardiac arrhythmias, cardiac arrest and sudden death in adults.

In countries where domperidone is approved for other uses, the labeling explicitly states that "the drug is excreted in breast milk that could expose a breastfeeding infant to unknown risks."

The FDA warns that because of the possibility of serious adverse effects, it recommends against the use of domperidone to increase milk production in breastfeeding women.

Both the ABM clinical protocol suggested by the CDC and the National Library of Medicine's discussion of domperidone indicate that very few studies have been done on the effects of domperidone in breast milk.

Thomas said the same concern about potential side effects in infants applies to all of the other drugs recommended to stimulate lactation in biological males, adding:

> "This is true for most anti-nausea medications, heart medications, antipsychotics, and sedatives. Just because a medication has the side effect of increasing lactation (milk production), it is not a good idea to expose babies to those medications. They all have a huge side effect profile other than the one that increases milk production."

For example, spironolactone, used in one protocol, is typically used to treat liver and kidney disease and high blood pressure, and has caused tumors in laboratory animals.

Pantoprazole, also included in the same protocol, is a drug for gastroesophageal reflux disease that has a wide range of side effects, with particular concerns for pregnant or lactating women.

Those drugs are recommended in addition to contraceptive hormones and hormones such as Estrace, which is typically used to treat menopause and carries a wide range of potential side effects, ranging from mood disorders to problems with reproductive organs to blood clots.

In addition to the CDC, the U.K.'s National Health Service, Healthline and other websites indicate that transgender men can induce lactation with medication, without mentioning challenges or the potential side effects for the parent or child.

Given the potential risks to the infant, Thomas recommended different alternatives for non-lactating parents:

> "Parents who cannot produce enough breast milk using natural supportive means should consider the nursing supplementers or a bottle, and then get all the skin time you both need [to bond with the baby] outside of the feeding window."

He added, "Please, always put the baby's best interests first."

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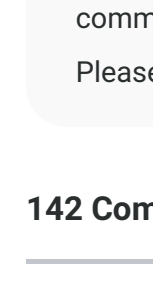

Brenda Baletti, Ph.D.

Brenda Baletti Ph.D. is a reporter for The Defender. She wrote and taught about capitalism and politics for 10 years in the writing program at Duke University. She holds a Ph.D. in human geography from the University of North Carolina at Chapel Hill and a master's from the University of Texas at Austin.

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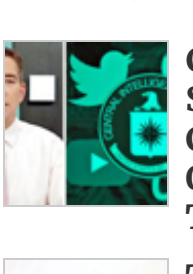

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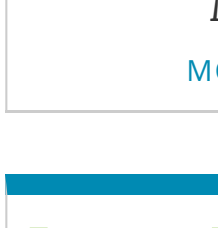

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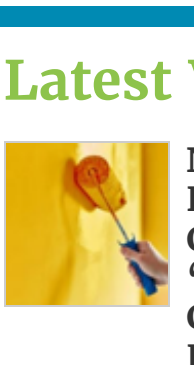

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Best Newest Oldest

Honey Bee
3 days ago
Like I have said on another post, this is beyond disgusting. These trans men are getting off on babies sucking their nipples. This shouldn't have ever been suggested. The whole world has lost its mind. This is demonic and it would be better for them to have a millstone tied around their neck than to harm a child. God help us
65 0 Reply • Share ›

Mike → Honey Bee
3 days ago
Yes, it molestation 100%. Can you believe how quickly the world has gone over the cliff? Past 40 months have been insane.
29 0 Reply • Share ›

Honey Bee → Mike
2 days ago
I just can't believe how crazy everything is. They used Covid to ruin the world. People need to rebel against this insanity
13 0 Reply • Share ›

Taint Farmer → Honey Bee
2 days ago
They have an agenda, (lookup the 2030 agenda on non-corporate/mainstream news sites) Trump's win set them back by 4 years, these are all baby steps to undermine America and weaken us for the New World Order takeover. They will create another plandemic, we will rebel and they will use mercenaries operating for the WHO to force us to comply.

#CivilWar2024
8 0 Reply • Share ›

Heisenberg
3 days ago
First of all, the CDC should not be recommending any kind of feeding to anyone, their job is to PREVENT THE OUTBREAK OF COMMUNICABLE DISEASES. So not only have they overstepped their bounds with guidance for feeding babies, but they're also bending over to woke and rather insane ideologies (men breastfeeding, really??). Is it any wonder no one takes them seriously when they issue warnings of whatever new virus is floating around.
44 0 Reply • Share ›

Jorge Lopez → Heisenberg
3 days ago
it is even laughable, men breastfeeding trough medication for them to get their woman moment. all twisted.
18 0 Reply • Share ›

Grumpy Granny → Jorge Lopez
3 days ago
How sick it is! Where is the concern for the baby? How can the baby grow up to be a normal person?
16 0 Reply • Share ›

mark hampson → Grumpy Granny
2 days ago
extremely valid point. how is that baby going to cope with the knowledge it was quite simply- violated when so young & helpless- at a time unable to make decisions for itself & dependent on TRUST
10 0 Reply • Share ›

Biteme Fiddles, Country burns → Jorge Lopez
2 days ago
3 0 Reply • Share ›

ralphdevane@msn.com → Heisenberg
2 days ago
If after meeting daily for weeks with the CDC and every other three and four letter public health agencies that have been clearly inept, Dr. Deborah Birx came out of one of those meetings and said she "could no longer trust ANYTHING coming out of the CDC".

Does this not beg the question if someone with her qualifications who met for months with the CDC, with the opportunity to question them at length for clarification for any misunderstood statements and still found them untrustworthy, how can anyone who is less qualified trust the CDC? With this context, IMO it would be foolish to do so.
3 0 Reply • Share ›

SYakoban → ralphdevane@msn.com
2 days ago
fauci answered to birx. She is covered in blood on the covid crap, so don't believe anything she says. (I'm not saying any letter agency can be trusted)
3 0 Reply • Share ›

SYakoban
3 days ago
Not even going to read this BS.

The CDC and **ALL** the 'government" entities have turned on We the people.

Their intent is destruction of society and it's working. I see nothing but a new civil war headed our way (which is what they want). If that does happen, I still believe those that uphold common sense and traditional values will ultimately win and the dregs of humanity including all government mouthpieces will be eradicated.
41 1 Reply • Share ›

T.Martin → SYakoban
2 days ago
When I first heard about this "chestfeeding" nonsense I thought it was a joke--I never dreamed it was really a possibility with a cocktail of poisonous drugs!! Anyone...male or female that truly loves their child would NOT subject them to eating poison no matter what so-called pleasure they might get out of it... Period. End of story. There are biological women that stop--or don't breastfeed their baby because they have to take chemo or other poisonous medications. Any sane person knows that you don't feed poisonous substances to children or babies and if you do you need to be locked up in prison or a mental institution permanently
9 0 Reply • Share ›

Ricky Ricardo → SYakoban
3 days ago
You're right! I only read the title. I have better things to do with my time.
9 0 Reply • Share ›

Mike → SYakoban
3 days ago
Yep, they don't give a hang about the sheeple. They don't listen anymore, looks like we'll have to get a lot louder if you know what I mean.
9 0 Reply • Share ›

mark hampson → Mike
2 days ago
true. they just want them more sheepish. & agreed, what they DO care about is US. those left with a functioning morality & not afraid to act.
3 0 Reply • Share ›

TruthHunter → SYakoban
3 hours ago
Bring God (the Holy Trinity) back into our society full swing, without persecutions, and see things turn around and sanity once again the norm, not the exception.
0 0 Reply • Share ›

Sandra Knauf → SYakoban
6 hours ago
No violence. THAT is what they want.
0 0 Reply • Share ›

Gwendolyn Simmons
3 days ago
This is absolutely insane! Why on earth would anyone take these harmful drugs in order to "chestfeed!"If the person is a biological male, he did not give birth. So just Bottle feed the Baby. I truly worry about the sanity of anyone would do this. The CDC has gone completely off the rails.
23 0 Reply • Share ›

Mike → Gwendolyn Simmons
3 days ago
How bout just don't allow mentally ill freaks to have children?
13 0 Reply • Share ›

Joseph C Moore USN Ret → Gwendolyn Simmons
4 hours ago
Those deranged misfits who need serious counseling or incarceration should NEVER have been granted custody of infants/children to raise. The insanity of such, shows that our society has sunk to such immoral/abominable practices that are unforgivable.
1 0 Reply • Share ›

redvw
3 days ago
Men chest feeding is child abuse.
22 0 Reply • Share ›

tag → redvw
3 days ago
And a pedo's dream world.
8 0 Reply • Share ›

T.Martin → redvw
2 days ago
Absolutely 100%
0 0 Reply • Share ›

QuentonQuale
3 days ago
The death of common sense. The CDC is occupied by completely captured mindless political hacks.
30 1 Reply • Share ›

nickolove
3 days ago
This makes me so cross. Nothing good comes of building upon a lie. Men cannot become women. Regardless of the extent of the surgery they undergo and the drugs they take, they are still men.

Those who are doing this are not doing this for the health and well-being of babies. They are doing this for their own selfish needs. This is child abuse.

The motto of the CDC is "Saving Lives, Protecting People". Babies are certainly among the most vulnerable "people". We should do everything we can to nourish and protect them. Yet, at every turn, we are harming them. Our civilization is teetering on collapse.
17 0 Reply • Share ›

Caroline Cary Davidson → nickolove
2 days ago
the only thing CDC protects is pharma profits. they (and all the others, FDA, HHS...) are nothing more than marketing arms for pharma
7 0 Reply • Share ›

RHE9 → nickolove
3 days ago
CDC = Centers for Disease CREATION
6 0 Reply • Share ›

Halifax
3 days ago
It shouldn't surprise anyone that the CDC doesn't care about infants drinking males milk. They clearly didn't care about the effects of the death jab on babies either. I cant wait to see the day when all of these evil demons are locked up, or worse!
17 0 Reply • Share ›

Jess
3 days ago
This is completely ridiculous! And offensive to say the least. Having breastfed for 12 years straight, and currently doing so, I am at a loss for words.
16 0 Reply • Share ›

Double_Up
3 days ago
Why do they want to feed mental illness? Babies need the nourishment end enzymes from women, not men.
15 0 Reply • Share ›

Joseph C Moore USN Ret → Double_Up
4 hours ago
These "medical entities" are evidenced by their own irrational/mental illnesses.
1 0 Reply • Share ›

Nancy Schwartz
3 days ago
I couldn't even make it through the article because the entire thing is so ridiculous. Cocktail of drugs to be able to "chestfeed". Not only are the drugs an issue, but it's also ignoring the amazing changes a mother's milk goes through to meet various needs of the growing child over the duration of the time the mother BREASTfeeds.
14 0 Reply • Share ›

el Gallinazo
3 days ago
I found it interesting that some of the protocols suggested an antipsychotic. Why don't they just skip the hormone treatment and go with the antipsychotic which might end these Dr. Frankenstein projects. The CDC should be indicted along with its top ten managers under the RICO act against criminal organizations, but unfortunately, criminals are now running the feral government.
14 0 Reply • Share ›

Leslie Taylor
3 days ago edited
This is a further assault against humanity, and again, especially the young. The younger the better in the minds of these sick, perverted individuals in the CDC and other branches of government, and politicians. Where are our sane political leaders and why are they not standing up to this ongoing madness?
Dr. Malone: "This issue is so big and embedded in our government, that this is an endeavor that requires all of us. The medical sciences and medicine in the USA must be re-imagined. A new vision is needed. This begins by exposing the corruption and lies, educating the public, shining a light into the dark corners of our government - including lobbying and transactional relationships that feed big pharma (such as the revolving door between pharma and the FDA), as well as the WEF and certainly the CDC as well.
We see the increase in assaults and blatant madness with the increased presence of WEF graduates in many levels of government. Here's a list of US WEF politicians and political appointees in high offices:
https://static1.squarespace...
14 0 Reply • Share ›

Ricky Ricardo → Leslie Taylor
3 days ago
UTTER EVIL INSANITY!
8 0 Reply • Share ›

Ricky Ricardo
3 days ago
Altered DNA, "chest" feeding, artificial wombs, men believing they're women and vise versa, millions believing in a "pandemic" that never was...When is the next Starship leaving? I want to be on it!
10 0 Reply • Share ›

tag → Ricky Ricardo
3 days ago
i want a bubble over my property that no bullet, freak or zombie can penetrate. This world has completely went nucking futs.
6 0 Reply • Share ›

Beatrice → tag
a day ago
I want to come live in your bubble. I can't take anymore of this crap. I mean it. I don't even want to go into public anymore because I see more sick perverted crap than I do conscientious good people.
1 0 Reply • Share ›

MultiChubby1 → Ricky Ricardo
3 days ago edited
My thoughts exactly, but to be clear, this is a distraction. A ploy to push society to the brink of madness. We will do anything to make it stop.
6 0 Reply • Share ›

Lupa NAG M. → Ricky Ricardo
2 days ago
Or just use the Stargate....
1 0 Reply • Share ›

Sam
3 days ago
Not allowing a mother to drive over the speed limit in order to get her kids to school on time, would not be considered misogynistic. We recognize that she would simply be endangering the lives of her children; so we don't allow it. It's also not anti-trans to want to prohibit chestfeeding, since the brew being concocted is something the infant would be ingesting, to its detriment. Many women cannot, for a variety of reasons, feed their own babies. They make due with safe alternatives. So should those trans-identified biological males, rather than choosing to "produce 'milk' containing a cocktail of endocrine-disrupting drugs."
10 0 Reply • Share ›

Naga
3 days ago
Now I have to say this: Any female who believed in the CDC before, cannot possibly believe in the CDC ever again after this. I do not care how brainwashed you may have been in the past. This should be enough to break the spell.
9 0 Reply • Share ›

Renee Michel
3 days ago
I find this whole idea from top to bottom - **abhorrent, disgusting, ignorant, and abusive**. Breastfeeding is not simply about sticking a nipple in a baby´s mouth. It occurs to me that this is all about attacking women, a tit-for-tat sort of activity. Women wanted equality? Sure! Men are now going to be able to have babies! Men are winning beauty pageants and men are winning sports competitions. A little mascara, a little nip-and-tuck. A little injection or pill and there you go. Frankenscience.
Protect our children and end this nonsense.
7 0 Reply • Share ›

Beatrice → Renee Michel
a day ago
Yes, I agree Renee. We are living through utter moral decay. G-d help us because to be frank, I don't think there is enough good in this world to counter the perverted gluttons on this earth.
0 0 Reply • Share ›

Clare Goldsberry
3 days ago
This article is absolutely BS and should not even be considered "medical" or "scientific." The whole idea is ludicrous -- it's total insanity!! When they start finding dead babies at the homes of these idiots maybe then someone will start doing something to stop this. It just goes to show how fraudulent the CDC really is -- as if we haven't known that for the past 3 years!!
7 0 Reply • Share ›

jUlie
3 days ago
Do men not have breasts? Why yes they do. Why the term chest feeding then? Why aren't men still engaging in breast feeding?! I find the whole thing perverse, unnatural and unhealthy physically and mentally and cannot believe people buy into this sickness. Please make it stop.
6 0 Reply • Share ›

bjo59
3 days ago

Well, the UK has been pounding on this one for quite awhile now - it was only a matter of time for the US bureaucracy to follow suit. All western governments (and most other governments across the world) have already agreed to the agenda, it's only a matter of specific timing for each country. I'm glad I'm 63, that's all I can say. I wish I was 83 (or better yet, 93).

6 0 Reply • Share ›

tag ↪ bjo59
3 days ago

I hear you. 69 here and thankful everyday at least I got to spend most of my life without the madness of today. I sure feel sorry for the generations younger than me. Sadly most don't have a clue what is coming and how their lives will change.

6 0 Reply • Share ›

Caroline Cary Davidson ↪ tag
2 days ago

I have a 17 yr old and I can tell you that not ALL of the upcoming generation is falling for this BS. there are lots of them who see it for what it is: insanity. teens are not necessarily stupid, they intuit the twisted garbage as crap on TIcTok. they seem like they are indeed more tolerant of people's differences, tending more toward the color/gender blind society that might be ideal. I think many see that this 'shoving it down people's throats' with militant activism, is a powerfully backed minority. in fact, HE just showed ME a Rebel News clip on Insta, of a guy just walking by a LGBTxyz protest in Canada, getting assaulted, for zero reason and then HIM getting arrested. some kids are AWARE of the psyop. so I have a tiny hope...

5 0 Reply • Share ›

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